

**Division of Professional Practice (Division 17)
JULY E-News 2021**

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DIVISION ACTIVITY (JUNE-JULY, 2021)

International Congresses:

- **ICP: The International Congress of Psychology in Prague : July 18th – 23rd, 2022** (postponed from 2021) has been declared a fully ‘virtual’ – see: <https://www.icp2020.com/>
The **Division of Professional Practice** team has lodged an on-line symposium (via zoom) entitled: ***“The role of psychology in integrated mental health care: an international perspective”***.
Brief Description of the Symposium: An overview of integrated psychological service delivery in the primary care setting in a number of western countries. The aim of integrated care is to redress the ongoing “medicalisation of unhappiness” across the western world and the sub-optimal care provided in which medication is **still** frequently the first (and often only) treatment of choice, leaving the crucial psychosocial dimensions of mental and general health under-treated. The smaller-than-usual team of symposium participants will canvas

progress in their specific countries and provide an up-date on key issues relevant to this mode of practice. All welcome to attend! (see website above)

- **ICAP, 2022 - Beijing: postponement:** The President of IAAP: Professor Christine Roland-Levy has announced by email (19.6.21):

“On behalf of the International Association of Applied Psychology, I wish to inform you that the 30th International Congress of Applied Psychology, ICAP, will be postponed to July 2023. In light of the ongoing COVID-19 pandemic the Executive Committee and our colleagues at the Chinese Psychological Society felt it safest for our attendees to postpone the congress. In addition to safety concerns, there are logistical issues in traveling to China for most of the world right now.”

The “Each One Reach One” campaign: April 12th to July 8th, 2021:

The IAAP Operations team announced by email (9.6.21):

“In just 57 days we gained 120 new members for IAAP. Let's keep this going - you have until July 8th to recruit more members, win a centennial pin, and be entered into a drawing for FREE ICAP registration. ... Who do you know in Africa and Latin America? New recruits from those areas not only strengthen our opportunities for international collaboration, but earn you TWO entries in the the ICAP drawing. ... Make sure your recruits know to enter your name in the "Referred By" field in the membership application process.”

The Division of Professional Practice has worked hard on this campaign – a key initiative of Division 1: Organisational Psychology. We encourage you to continue to do so as the campaign nears completion, by inviting those you know who may be interested to join.

See: <https://iaapsy.org/membership/join/type>

Please highlight:

- benefits of **IAAP Membership**: <https://iaapsy.org/membership/>
- **Division of Professional Practice** (Division 17): <https://iaapsy.org/divisions/division17/#>
- **Division of Students** (Div 15): <https://iaapsy.org/divisions/division15/> (for students: both under-graduate and post-graduate and early career psychologists).

Fee Structure for the IAAP: (see table below):

	1 YEAR	2 YEAR	4 YEAR
TYPE A high-income countries	\$80	\$160 \$120	\$320 \$224
TYPE B upper-middle-income countries	\$70	\$140 \$105	\$280 \$196
TYPE C lower-income countries	\$26	\$52 \$39	\$104 \$73
EARLY CAREER psychologists worldwide in the first two-years of their career	\$50	\$100 \$75	
STUDENTS students worldwide	\$15	\$30 \$20	
SIOP and EAWOP members	\$70	\$140 \$105	

June-July: ‘Monthly Snapshot’

- **The World in the Time of COVID-19:**
As we write (22.6.21), the WHO Coronavirus Disease ‘dashboard’ indicates that there are now **178,202,610 cases of COVID-19, including 3,865,738 deaths world-wide, an increase of**

~12 million cases in less than a month (compared to 23.5.21: 166,346,635 confirmed cases, including 3,449,117 deaths; 5.21: 152,535,452 cases, 3,198,528 deaths; 22.3.21: 22,524,424 cases, 2,703,620 deaths; 22.2.21: 111,102,016 cases, 2,462,911 deaths; 25.1.21: 99,363,697 cases, 2,135,959 deaths; 28.12.20: 79,673,994 cases, 1,761,381 deaths; 23.11.20: 57,882,183 cases, 1,377,395 deaths; 29.10.20: 43,766,712 cases, 1,163,459 deaths; 26.7.20: 15,581,009 cases, 635,173 deaths; 20.6.20: 8,385,440 cases, 450,686 deaths; 26.4.20: 2.8million cases, 200,000 deaths).

As of **16 June 2021**, a total of **2,413,847,050 vaccine doses** have been administered world-wide.

See: WHO:

https://covid19.who.int/?gclid=EAIaIQobChMIkPfx79Px7QIV2w0rCh2N_w2GEAAYASAAEgKQm_D_BwE

2.56 million new cases were recorded this week, the lowest total in 17 weeks (less than half the peak in late April), whilst the global death toll of 68,888 is the lowest in twelve weeks (although the accuracy of the official death toll continues to be questioned and the death toll may be substantially undercounted. India's devastating 'second wave' is clearly receding, and SE Asia's may be peaking, but case numbers remain elevated in South America and are rising again in Russia and South Africa. Economic consequences of the pandemic remain unclear, with many international borders remaining largely closed. The ongoing sequelae of the pandemic will continue to be monitored.

For these details see Saul Eslake's: 'Coronavirus Impact Chart' for week ended 19th June, 2021:

<https://www.saul-eslake.com/> and [Coronavirus Impact Chart Pack 2021-04-24.pdf](https://www.saul-eslake.com/Coronavirus%20Impact%20Chart%20Pack%202021-04-24.pdf)

Our monthly Division 17 E-News also provides an opportunity to reflect on other key events/news items of the past month and the possible professional implications of these for our practice:

(Key items from the [American Psychological Association](https://www.apa.org/) over the past month – with thanks to the APA):

- **Growing Concerns About Sleep**

Researchers have documented a surge in sleep disorders during the pandemic, with 2 in 3 Americans reporting they are sleeping either more or less than desired. Upended routines, more screen time, increased alcohol consumption, and dissolving boundaries between work and private life are just a few of the factors contributing to problems with sleep. And given the crucial role sleep plays in both physical and mental health, psychologists say it's important to be proactive about establishing a healthier routine.

See:

<https://click.info.apa.org/?qs=e663b2b2ca54cc1e1ecd22dbf9eba085d7df0ec3fae73a12b5510b2bedd15b7e28c915856c711e2f58856ac8a6a333dcda46045816a42e7b>

- **Technology is Changing How we Talk to Each Other**

Throughout the pandemic, technology has been the glue that's kept many of our relationships alive. Important research findings indicate that our dependence on technology-mediated interactions is affecting communication, including whether people are more likely to lie online, whether our social media posts are authentic, how artificial intelligence infiltrates our texting, and why video calls exhaust us more than in-person conversations.

See: <https://www.apa.org/research/action/speaking-of-psychology/technology-communication>

- **What happens to remote therapy now?**

Remote Therapy Was a Mental Health Lifeline During the Pandemic. As people return to in-person interaction, psychologists need to think afresh about mode of delivery of services. Many clinicians and clients perceived huge benefits from teletherapy: there were fewer 'no-show' sessions, perceived safer environments for people too anxious to open up about their problems face to face, as well as a number of other benefits. Potential difficulties, such as limited privacy and a lack of body language cues were also found. As things change again to a 'new normal' as vaccination rates increase and lock-down recedes, psychologists need to stay informed about changing reimbursement rates and patient needs when deciding where to see their patients.

See: <https://www.nbcnews.com/health/health-news/remote-therapy-was-mental-health-lifeline-during-pandemic-what-happens-n1267951>

Please contact us if you have items to share, questions to ask, ideas to put forward in relation to Division 17 activities.



Robyn F. Vines, Ph.D.
President Division of Professional Practice

(July, 2021)

Division Website: <https://iaapsy.org/divisions/division17/>

Division Newsletters:

- **October, 2020:**
https://iaapsy.org/site/assets/files/2044/div_17_october_newsletter.pdf
- **December, 2019: (End of Year Summary: 2019)**
<https://iaap.createsend1.com/t/ViewEmail/t/CB562312D9AFD69D2540EF23F30FEDED>

Division 17 E-News Bulletins:

- **Link to Division Website:** <https://iaapsy.org/divisions/division17/>

UNITED NATIONS INTEGRATED CARE INITIATIVE:

https://iaapsy.org/site/assets/files/1222/undoc_integratinghealthintoprimarycare_pdf.pdf