

May 2019, Number 1

From your President...

Time flies on restless pinions – constant never
Friedrich Schiller



Dear Colleagues,

Greetings and best wishes! And, indeed, how time does fly. In the Southern Hemisphere, fall will soon yield to winter. In the Northern Hemisphere, spring will soon give way to summer. For Division 16, the year 2019 marks the passage of ten years since the original statement of Life Design as a new, internationally-constructed paradigm for careers science and practice. This edition of our newsletter, magnificently prepared as always by our editor Lea Ferrari, features commentaries by two architects of Life Design who also served as Division 16 president: Profs. Maria Eduarda Duarte and Mark Savickas. As you likely know, ten years later Life Design has gained an immutable foothold for career studies and career intervention around the globe. And continuing work by many within Division 16 will propel it further as a model and practice method for meaningfully construing and constructing work and career in human life.

This issue also highlights the outstanding work of several Division 16 members. Their stories showcase the incredible breadth and depth of counseling psychology in many regions of the world. As you enjoy reading these stories, I invite you to likewise share your own work by submitting your news and stories to newsletter editor Lea Ferrari (lea.ferrari@unipd.it). Mark your calendars, too, for the many upcoming events listed in this edition of the newsletter. Among these events is the planned 100th anniversary celebration of IAAP during 2020. The celebration will be highlighted by the Centennial Congress of Applied Psychology to be held December 14-17, 2020 in Cancún, Mexico. Finally, **you can help strengthen Division 16 within IAAP in many ways such as:**

- contributing articles and briefs to the IAAP Bulletin (<https://iaapsy.org/about/apaw/>).
- announcing and publicizing Division 16 in your country.
- serving as a liaison between Division 16 and your national associations.
- distributing the Division 16 newsletter to colleagues and other interested national societies.
- promoting student membership and involvement in Division 16.

To keep Division 16 moving, I invite you to consider and act to advance these and other activities and initiatives in your own country context and where ever you may travel. In this spirit, please continue to send along your newsletter items (e.g., publications, presentations, promotions, and upcoming conferences) to Lea Ferrari (lea.ferrari@unipd.it) and your ideas, suggestions, and comments to me (phartung@neomed.edu). We look forward to hearing from you. I remain honored and humbled to work with all of you.

Wishing you peace, health, and happiness,

Paul Hartung

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10 Years of Life Design:

Interviews with Prof. Mark Savickas and Prof. Maria Eduarda Duarte

by Lea Ferrari

Department of Philosophy, Sociology, Education and Applied Psychology (FISPPA), University of Padova, Italy

In 2009 the position paper 'Life designing: A paradigm for career construction in the 21st century' was published in the *Journal of Vocational Behavior* by a group of international scholars interested in finding new way of answering the many professional and life challenges the people were facing across the world. A first collection of scientific contributions born on this paradigm were later collected in the *Handbook of Life Design*.

Two of our past presidents were also founders of Life Design and we asked them to tell us their considerations after ten years of progresses. We asked them to answer the following questions:

- If you should draw up a budget of these 10 years of Life Design, what would you like to highlight?
- Does it still make sense to talk about Life Design?
- What do you wish for the future of Life Design?

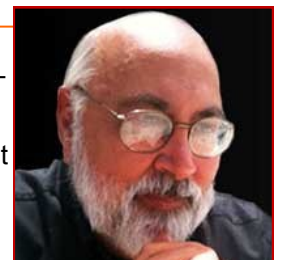


LD opened a gate for intersections with social manifestations. It takes on a form of looking at things with a sufficient consistency and coherency in order to construct itself with a specified and permanently transitory truth branded by time. LD brings us a way of looking at things that drags along with the existence of its own ontology. Consequently, LD can integrate psychological, organizational and business issues, and choose (or not) to integrate therapeutic processes. New forms of career interventions in order to provide a richer supportive relationship in a way that better fits into a society in which individual is responsible for his/her particular path. The great team we were led by Mark Savickas! Thank you Mark, and Jean, and Jean-Pierre, and Raoul, and Jerome, and Laura, and Salvatore, and Annalies. LD is everyday more present in book chapters, articles, presentations and so on. Look around and try to count the number of publications using the expression LD (although some of them using the brand only for commercial interests...).

For the future of Life Design I wish to open space for new syllabus. LD is not a paradigm endowed in itself, so, new research, new interventions, in order to discover other solutions. To "feed" LD with new perspectives, new projects with an added value that integrates the strengths of science, the power of the arts, the sensitivity of scientific humanism into a single way to be useful to promote the survival of human dignity.

Life Designing is post-modern paradigm or framework for career counseling based on a social constructionist epistemology. In its first decade, the life-design paradigm has taken its place next to modernity's positivist epistemology for the individual differences paradigm that supports the vocational guidance model and high modernity's humanist epistemology for the developmental paradigm that supports career education and coaching model. The life-design paradigm supports career interventions that implement self-constructing and narrative models, including Jean Guichard's *Discovery of Occupational Activities and Personal Plans*, Larry Cochran's narrative career counseling, Pryor and Bright's chaos theory of careers, Richard Young's career construction through goal-directed action, McMahon, Patton, and Watson's *My System of Career Influences*, Norm Amundson's metaphor making, and Savickas and Hartung's *My Career Story*. Each of these specific instantiations of the life-design paradigm in career constructing interventions share the goal of prompting meaningful activities that further self-making, identity shaping, and occupational adaptation.

My wish for the future of Life Designing is that the paradigm and its divers intervention methods continue to become embedded in training programs for counselors, career advisors in universities, executive coaches, and career management professionals in organizations.





NEWS FROM THE CDI6 MEMBERS



Niva Piran
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Negative body image and eating disorders have been a focus of concern by counseling psychologists. Recently, a book I wrote about the way different cultural forces affect the way girls and women live in their bodies won a 2018 *Association for Women in Psychology Distinguished Publication Award*. The book, entitled *Journeys of Embodiment at the Intersection of Body and Culture: The Developmental Theory of Embodiment* (Piran, 2017), is based on over 170 interviews with girls and women. The committee's announcement described that the book, 'makes a significant and substantial contribution to our understanding of diverse girls' and women's experience of embodiment by offering an integrative, intersectional developmental theory of how women are socialized into disempowerment,' adding that the book includes practical recommendations. The book can help counseling psychologists in understanding body image challenges and address them in therapy. More generally, the book can inform therapy with girls and women.

The presentation of the award took place at the 50th anniversary of the *Association for Women in Psychology* in February 2019. This organization is interdisciplinary and brings together activists, students, academics, clinicians, researchers and others. Keynote speakers included Laura Brown, a leading feminist therapist, and Jennifer Freyd, who has done groundbreaking work in the area of trauma and memory.



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Community Trust for a research Project, *Traumatization and Resilience among Puerto Ricans Americans Following Hurricane: The Role of Positive Media.*

On September 20, 2017, with winds topping 150 mph, Hurricane Maria (H-M) made landfall near Yabucoa, Puerto Rico. The current, official Puerto Rican (PR) government estimate is 2,975 lives lost due to the storm and its aftermath. Before and after H-M, hundreds of thousands of PR citizens fled to the U.S. mainland, with most landing in Florida. The destructive storm also left in its wake a crises of mental health problems among the Puerto Rican community, including depression, anxiety, and suicidal ideation. According to PR's Department of Health, between November 2017 and January 2018, a crisis hotline received more than 3,000 calls from people who said they had attempted suicide, a 246% increase compared to the same time the previous year. During the same period, nearly 10,000 callers reported suicidal ideation. To date, no major academic studies have examined these mental health problems, especially among the evacuees and their extended fami-

lies, some of whom still live in temporary shelters in Florida. The objective of this project is to collect preliminary data among H-M evacuees and their extended family members currently living in Florida, the largest post-disaster resettlement site. A survey will be implemented in central Florida where H-M evacuees are currently concentrated, as well as at several Florida public universities where PR students have been recently accepted. The data will help us better understand (a) the disruptive and traumatic impact of Hurricane Maria on participants' mental health; (b) the potential growth and positive gains in the aftermath; (c) the use of personal, social, and information media during the disaster; and (d) the role of media in promoting positive emotions and character strengths and mobilizing social resources as a part of mental health and resilient responses to the disaster. The ultimate goal is to inform mental health providers for improving care and service for disaster victims.



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Systems thinking in understanding complexities and developing new narratives in counseling: a workshop at the University of Padova (Italy).

A workshop has been recently organized at the University of Padova (Italy) on April 12th 2019. As Mary McMahon (School of Education University of Queensland) evidenced in her introductory lecture, systems thinking is relevant in career theory, practice and research. This framework, together with the tools developed for a qualitative career assessment (McMahon & Patton, 2006) provides, in fact, a conceptual and practical map for career counselling. Career development occurs, in fact, within the context of numerous social systems, including families, educational institutions and workplaces.

Individual systems include knowledge, beliefs, skills and attributes that contribute to career development and influence outcomes overtime. But career development occurs within the context of numerous social systems, educational institutions and workplaces. In addition, it is influenced by specific work experiences, by supports and barriers of different types experienced in the work context. Finally, individual career trajectories also unfold within larger environmental and institutional systems where barriers and supports that impact home, community, work and economic participation are particularly relevant.

A central goal of the workshop was to highlight the contribution that MSCI (My System of Career Influences; McMahon, Patton, & Watson, 2005) may play in counseling with young and adults living experiences of different complexities. Daniela Rosas and Gloria Ferrero (IF Life Design, Torino) in narratives of freelance women in transition, highlighted the relevance of analysing systems of influence in group activities; their role in supporting decision making with individuals experiencing complexities in constructing new narratives. From the

narratives, group counseling revealed as more easily orienting to growth, enhancement of personal resources, development of the ability to constructively face obstacles but also exchange of experiences and comparison, sharing of problems but also of coping strategies, as well as support, encouragement and confirm of professional identity.

With stories of migration *Paola Magnano* and her colleagues from Università Kore (Enna, Italy) brought participants to understand how different cultural backgrounds, languages, experiences and lifestyles can design the complex and multi-faceted contours both of the settlement and inclusion of migrants and their post-migration career development. The reflexive process activated by the analysis of systems of influences highlighted contextual elements which might be relevant for counselors' activity and for migrant's career development. MSCI can help explore both content and process influences, either before and after arriving in the host country; an effective instrument to which they should refer to when counselling migrants. The same tool was used by the research group in Padova (*Teresa M. Sgaramella, Margherita Montolli, & Eros Vallenari*) to analyze the systems of influences in adolescents experiencing psychological discomfort and to highlight that even short and temporary stories of disability may impact on systems of influences limiting the development of positive identities and future perspectives.

Summing up narratives described and stories outlined, the workshop highlighted the need to adopt a holistic capacity building approach, where individual systems of influences are integrated with educational, social and environmental as well as care systems and support counselors in identifying barriers as well as promoters which may play a significant role, as in the title of the workshop, in developing "*Identities and Future Perspectives in Complex Life Experiences*".



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Play Stimulation in Children's Hospital

Play Stimulation service has been introduced in one of the leading hospitals of Pakistan, Children's Hospital, Aga Khan University, Karachi. The aim of this service is to provide continuity of life, destress parents and children, increase positive interaction between parents and children as well as to impart coping skills and problem solving techniques in them when hospitalized. One of our other objectives is to give exposure to students enrolled in MS Clinical Psychology

We have been able to give around 600 psychotherapeutic sessions from April 2017 to March 2018 to children and teenagers ranging from three months to eighteen years of age. These children are from the different localities of Pakistan. The service is offered to children who suffer from different diseases such as congenital heart diseases, infectious diseases, liver diseases, autoimmune diseases and cancer. The new service has been readily accepted by the medical practitioners.

A manual was created for hospitalized children between the age range of newborn and six years. The activities in the manual have been amalgamated from different researches found in internationally recognized journals and manuals.

Play Stimulation manual has been divided into different age

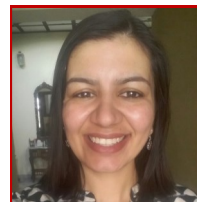
groups. Each age group has been further divided into different domains (cognitive, socio-emotional, motor and language and communication skills). All children between the age range of newborn and six years are assessed via their interaction with their parents as well as their own behavior. Behavioral attunement, language, cognitive skills, parental stress and positive and negative affect are measured via behavioral observation rather than the parents' and the child's own subjective matter. Moreover, mental status examination is conducted on children of all age groups. If need arises, children are also assessed using adaptive and attitude scales.

At present, we have gathered the data and are working on data analysis. It is a quasi-experimental research study. In future, we plan on publishing our research as well as our manual.



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The field of career guidance and counseling has required a constant updating and exchanging to locally and globally be able to understand reality issues. In this sense, participating in spaces of scientific, professional and political dialogue becomes critical. To this end, I attended two important events throughout 2018, in which I sought to present the reality in Latin America, specifically the Brazilian reality, and the responses and strategies gradually built by career guidance and counseling field for dealing with vulnerable and challenging contexts. My main purpose has always been exchanging knowledge and experiences. Firstly, at the UNESCO Chair on Lifelong Guidance and Counseling Conference in Wroclaw, Poland (May 24-25), where I discussed diversified ways to construct career counseling contextualized approaches. And, secondly, at the ICAP 2018 in Montreal, Canada (June 26-30), where I presented the preliminary results from Brazil and Portugal in the international research project of UNESCO Chair on Lifelong Guidance and Counseling entitled "Perception of decent work and the future among low qualified youths". In 2019, I will participate as a guest at the Sixth Summer School of the European Doctoral Programme in Career Guidance and Counseling (ECADOC) in Malta (June 9-14), what will certainly be a great experience. I intend to continue participating in spaces of exchange and co-construction of knowledge, strategies and partnerships throughout 2019.



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India

"Action speaks louder than words". This quote became a lot meaningful when I had an opportunity to interact with very special bunch of people who live in a world where actions actually speak for them. Initially when I started with the thought of working with hearing impaired adolescents for my research I had no idea that by the end of it I will do more than just work and have an amazing learning experience that will last forever. Their smiles had the warmth and the eyes had a

charm that required no words for communication. While interacting with them I understood how one can be thankful for what one has and use it in the best way possible. They used every bit of their opportunity to come ahead. The research looked into their creative side and their responses showed their creativity in every way possible, the little detailing of the pictures said a lot about their wonderful personalities. The way they expressed beautiful as it was a true expression of real thoughts. As my work was getting over I realized that they are an integral part of society and it is equally important to look into their social and psychological perspectives.



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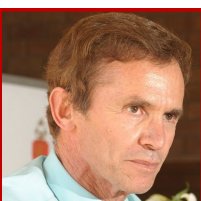
Prof. Lea Ferrari and Prof. Scott Solberg lead a cross-cultural study on Social and Emotional Learning.

Thanks to the agreement between the University of Padova and the Boston University for faculty visiting, in 2018 I had the opportunity to flight to US and work with Prof. Scott Solberg, professor in BU Wheelock's Counseling Psychology program. Together we launched an international research project to connect the Socio emotional learning to professional development of educators and effective teaching. The answer we received from colleagues across the world was surprising. Bahrain, China, Finland, Germany, Greece, Guatemala, Israel, Italy, Jamaica, Japan, Korea, Portugal, Romania, Serbia, Scotland, South Africa, Trinidad, Turkey, Uganda, and United States are now working at the first phase of the project.

The project aims mainly to examine first the educator perspectives on the nature and value of Social and Emotional Learning and secondly to outline an educator SEL self-efficacy measure. It will assess educator confidence in using SEL skills in their own practice as well as their confidence for incorporating SEL skills development into the content of courses and career development.

In May, 2019, the collaboration was officially recognized by the World Educational Research Association as an International Research Network (IRN).

The first one-to-one meeting will be held at the university of Padova, Italy, on July 9-10th, 2019. The themes generated from the qualitative analysis will be used to design a new educator SEL Self-Efficacy measure (SEL Measure) in 2019-20. Moreover a professional development portal system that will be made available in each participating country is also in the plan. Our hope is that this network will shed light on the importance of educators engagement in SEL practices while also offering a validated assessment tool and quality professional development materials that our research members can use to support each country's effort in this area.



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Counselling and Sustainability

The South African Career Development Association (SACDA) (CEO: Mr Chris Beukes; Chair: Dr Tumi Diale) was estab-

lished as the professional body for the regulation of Career Development Practitioners (CDPs) in South Africa. It aims to oversee and facilitate the implementation of the Competency Framework for Career Development Practitioners in South Africa (FCDPSA) and will shortly begin to confer professional designations for career development Practitioners.

SACDA, in collaboration with the Manufacturing, Engineering and Related Services Sector Education and Training Authority (merSETA) is currently conducting a project feasibility study for an indigenous life-design related career development intervention for youth and adults in e.g. Correctional Services Facilities. The research is spearheaded by Kobus Maree, Chris Beukes, and Dr Nicola Taylor (together with Dr Erna Gerrits and Ms Gillian Schultz). Funding facilitated by Ms Ester van der Linde: Executive: Corporate Services (Manufacturing, Engineering and Related Services Sector Education and Training Authority (merSETA)).



Wang Zhan
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When FLOW Flows into the Clinic. The active exploration of a psychotherapist As a psychotherapist it always takes courage to take a taxi to the destination.

If you work at a voluntary rehabilitation hospital, you'll need more courage. *"It's said that psychopath kills people", "Anything could happen when they craving for drugs", "would you go wrong if you get along with them for a long time".....*

Questions like that are frequently brought up because of the continuous attention from media as well as the success in pathology studies, it also makes me receive special attention on the taxi journeys every time. *"To be honest, it is not that dramatic. The focus of psychology studies is also changing under the nationwide trend of propagating "positive energy", you know, from the obsession with psychopathology towards the pursuit of health and happiness. Now that positive psychology is very popular, trying to follow the state of FLOW with my patients is my ideal clinical work."* Perhaps clinical psychology is always mysterious and fascinated to public, or maybe just the power of The Voice of China, before I begin to answer these questions seriously, they said: *"Come on, tell me your stories."*

I. A doctor without a gown may be a good psychotherapist

It is William, he seemed a bit of excited sitting in front of me, and he looks much more bright and energetic with those clean and tidy clothes. The truth is, he has been well recovered these days.

"I like your suit! it looks good on you, and it makes you special today."

"I know! They all said that I look no different from the staff here", William said.

He smiled shyly, spoke in a slightly proud tone.

"Ah ha, this is a good thing to worth recording today. I'm glad to see the positive changes you have made these days. So, what else do you want to tell me?"

"Well, I think it is an amazingly interesting therapy. I mean, you are the first doctor who doesn't always wear the gown I have ever met, but also the first doctor who encourages me to wear my own clothes in the hospital."

"Yes? Maybe because I'm a psychotherapist, I don't prescribe. I prefer to witness your visible changes from inside to outside in the

hospital. For such a situation, is there anything do you feel like sharing with me? ”

“I feel I am chatting with normal people. Well, I like it.”

As positive psychology rooting in China, a group of trained professional clinical workers have been refused to be “the man in a case”. Instead, they choose concentration, communication and trust, with which they are capable to create a better life with their patients.

II People with drug addiction are not “devils”, and curing is not a crime

“What? People like you could have a girlfriend?” Zhao shook his head and sighed. In the anonymous rehabilitation group, he shared the above comment from others.

“We did do something wrong, but we also tried to fix it, and it was really hard. I don't steal or rob. I got treatment over and over again, just because I really need professional help. I don't know when I can be treated with dignity like normal people outside the hospital.”..... Other members of the group also agreed with him.

Although positive psychology has been influential in calling attention to a more positive and lovely life, the public still has serious problems of stigmatization with addiction and mental illness, which has greatly hindered the patient's rehabilitation. Calling schizophrenia patients “crazy” and labeling the drug addicted patients as “junkies” or “criminals”, are making those who desire to return to “normal” increasingly distant from normal social life.

Since the 1990s when positive psychology was born, there were popularization and education about addiction, mental diseases around the world, in the form of books, lectures and exhibitions, so as to remove the stigma labels. What is more remarkable is that such kind of positive psychological education is also being adopted by clinic and effectively applied in the daily work of the hospital. To let the patients know their own situation and build a positive attitude to cope with it is a breakthrough of clinical positive psychology. At the meantime, it is getting patients to recognize that the revolving door effect of addiction and mental diseases is as common as a cold, yet few people are so lucky that experience the trouble of catching a cold for only once in their lifetime. The process is not easy, but once the stigma-free positive emotions and qualities developed, the effect of the treatment will be more lasting.

III Rebuilding positive cognition, changing from now on

“Are you going to hypnotize them? Or just sitting behind them and waiting for them to talk?” The driver was highly interested in some specific treatments.

“Well, neither, I prefer a face-to-face conversation. A Sincerely facing is the first step to healing, and then the cognitive rebuilding will bring visible change.”

“So, when will they be cured?”

“It won't be too long, some changes can happen even now.”

For most of the addiction and mental patients, negative and irrational cognitive patterns are the biggest obstacles to their inability to get rid of the pain and to shake their beliefs of rehabilitation. What's more, these cognitive patterns may lead to learned helplessness, which makes them “throw the handle after the blade” and lose the faith of recovery.

To change beliefs to positive has an excellent effect on those patients who went to hospital over and over again, especially drug addicted patients, who have been surrounding by negative information and failure, the effect can be visible:

“I am wondering if you could help me. I failed many times.”

“I don't think you are a failure, because you are still here. You are

still expecting things to get better. As long as you are willing to stay, I will keep supporting you. You know, you have experience of success, and I am sure you can make it again.”

“Yes, I hope things will get better, I would like to try again.”

The conversation above took place in the counseling room countless times, which is also the moment when we together witnessed changes began to happen. Seeing your true power and rebuilding your positive cognitive patterns, changes may start from now on.

IV The “advantage” revolution in occupational therapy: actions speak louder than words

“I love the working hours every afternoon. The gentle sunshine leaves the mottled shadows on the leaves, which makes the garden of the hospital look more attractive. My colleagues and I will gather the patients to the garden together and bring the...”

“Electric shock instrument?” Asked the driver curiously.

“Of course not! It is a big misunderstanding of mental hospitals as well. In fact, any psychotherapist who has received a formal psychotherapy training will not use electric shocks to harm our patients.

“Well, what else can the hospital do? Have an injection or infusion?”

“Actually, a leisure afternoon is more suitable for occupational activities. We usually bring a variety of entertainment equipment out. Advanced equipment like PS4 and X-BOX, while conventional ones like origami etc. An active afternoon is much easier for people to get into the FLOW state, which is always satisfying and delightful.”

Individual psychotherapy tends to “speak”, emphasizing working through the cognition; but the real difference between inpatient and outpatient psychotherapy is that the former has more things to “do”. The occupational therapy (OT) is just one of the most significant practical activities.

As early as many years ago, major mental hospitals has begun to provide all kinds of DIY activities for inpatient, from which the idea of a more positive and humanistic psychotherapy was born. As positive psychology becomes more scientific and systematic today, what occupational therapy brings to the patients is not just the recovery of basic social functions. In combination with the 24 advantages of positive psychology, the effect of OT is often inestimable. For instance, gratitude training is a way to re-examine the help of significant others in our lives, while blessing activities give them hope for the future.

Afterwords

During this period of time when I practice clinical positive psychotherapy, I always think of the speech which professor Martin E.P Seligman gave at the third China International Conference on Positive Psychology in 2015: “People who are impoverished, depressed, or suicidal care about much more than just the relief of their suffering. These persons



care - sometimes desperately - about virtue, about purpose, about integrity, and about meaning. Experiences that induce positive emotions cause negative emotion to dissipate rapidly (Seligman, 2002)”

“I am wondering, how to apply positive psychology to clinical treatment?” I was given the opportunity to question the pioneer who opened a door to positive psychotherapy.

He pondered, and then told me his view in solemn and earnest: “The best therapists do not merely heal damage; they help people identify and build their strengths and their virtues. This is also the meaning of good psychotherapy.”



International Section of the American Psychological Association Division 17 Society of Counseling Psychology

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We are the current co-chairs of the International Section of American Psychological Association (APA) Division 17, Society of Counseling Psychology and writing this article to introduce our section in the hopes of increasing communication and collaboration with other international counseling psychology organizations such as yours.

International Section started more than 10 years ago and has become one of the most active sections among a dozen within the Division 17 of APA. We are the community for the professionals and students who are interested in promoting counseling psychology practice, research, and training in international contexts. Our section consists of various members. Majority of our members are professionals or students, who studied or are studying in the U.S. as international students, and thus have strong interests in “international issues.” Elected officers and assigned leaders serve the section by providing the members with opportunities to connect for professional and personal support. For example, there are committees that have been established based on the section members’ needs and they meet regularly (e.g. monthly Skype meeting) and holds an official committee led program during the annual APA Convention. These committees include International Psychology Practitioners Committee (IPPC), LGBTQ+ Committee, Faculty Committee, and International Mentoring and Orientation Committee (IMOC). The first author has been participating in the IPPC since its inception and found that the sharing and connection developed through these meetings are invaluable and meaningful.

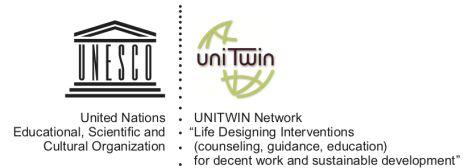
During APA, International Section provides various programs starting with International Scholars’ Welcome Breakfast on Thursday morning of the APA Convention. During the Welcome Breakfast, our current members, guests and visitors connect with each other and get to know about the section. This event has been very successful and one of the highlights among the Division 17’s numerous programs. The section’s program is usually followed by IMOC’s roundtable discussions for international students (e.g. Tips for Applying Internship, How to Prepare for Academic Career, etc.), IPPC, LGBTQ+, and Faculty Committee’s own programs throughout the APA Convention.

For the next 2 years, the two authors will be the co-chairs of the section and aim to connect with more international scholars and organizations for meaningful collaboration and communication. To accomplish these goals, a Special Task Force will be established. These co-chairs also want to invite many international psychologists from non-US countries to be

FROM SISTER ASSOCIATIONS AND NETWORKS

part of the section’s programs at APA convention and at other occasions. We sincerely are hoping for many meaningful connections with all of you in the near future.

The network of coordinators for UniTwin international network “Life Designing Interventions (counseling, guidance, education) for decent work and sustainable development”



In the last decades, due to globalization, work organization systems have undergone many transformations. In this new context, the number of non-linear career and vocational paths has increased, including more transitions. These changes that create instability tend to increase individuals’ insecurities, which can be eased by vocational training, career counselling, lifelong learning and life design interventions. Moreover, vocational psychology and career counselling have always aimed to promote access to decent work and decent life. In this context, it is essential to increase work-life balance, well-being and decent work by studying resources and barriers that impact their access.

Recently, the UniTwin international network “Life Designing Interventions (counseling, guidance, education) for decent work and sustainable development” has been created to promote worldwide cooperation between universities on lifelong guidance and counselling and to support decent work and sustainable development. This scientific international cooperating network is a UNESCO Chairs Programme. 19 universities from all over the world are currently part of this network. Thus, not only European universities and North American ones are represented, but also South American universities and African ones are members of this network. The network’s goals are to promote access to decent work and decent life through vocational guidance, career counselling, and life design. This network takes part in research and programs promoting lifelong learning opportunities, improving vocational counselling for all and supporting adapted interventions for disadvantaged, marginalized, underserved and underrepresented groups.

In order to share information about the network and its activities, a website was launched: <http://wp.unil.ch/unitwin/>. The website provides not only a description of each universities but also information about the research team and their current research projects related to the network’s goals. A list of publications is also provided for the ones that are curious about the type of research that is conducted in the field of vocational guidance and career counselling. From time to time, news concerning new publications, calls for manuscripts, conferences, workshops, etc. are published on the website.

Journals and Call for papers

Revista Psicologia e Saúde

Editor-in-chief: Rodrigo Lopes Miranda

The Journal *Psicologia e Saúde* from the *Universidade Católica Dom Bosco* (UCDB) is an online Brazilian journal, with more than 10 years of publication. It is indexed on different bases, such as LILACS and DOAJ. Its purpose is to spread relevant scientific knowledge related to the Health field. The journal focuses mainly on the relations of different areas of Psychology – e.g., Clinical Psychology, Counseling Psychology, Health Psychology - and related areas – such as, Medicine and Nursing. We work with many theoretical-methodological perspectives and disciplinary fields because we believe interdisciplinarity is indispensable in order to think about the relation between health, culture and society. Considering our objective, we understand international dialogue as a vital element for the construction of knowledge and the expansion of debates around pertinent thematic to the interface between Psychology and Health. This Journal publishes original articles, with open access and free of charge. Articles can be submitted in English, Portuguese, Spanish and French.

Journal for Specialists in Group Work

SPECIAL ISSUE ON “Group Work in Career Development”

Editors: Mary McMahon and Mark Watson

The *Journal for Specialists in Group Work* invites articles for a Special Issue on Group Work in Career Development. The *Journal for Specialists in Group Work* has never published a special issue focused on this topic. In addition, little attention has been focused on group work in career development in the literature. At a time when demand for career development services is increasing and client groups diversifying, the potential of group work to provide practitioners with innovative interventions warrants careful consideration. It is timely therefore, that greater attention is focused on the application of group work in career development. The purpose of this special issue is to collate a corpus of material on group work in career development that will serve as a future resource for the field and to set a future agenda for research. Authors are asked to contribute both conceptual and empirical articles that address the use of group work in career development. Research may employ quantitative, qualitative or mixed methods.

In addition to the primary focus of manuscripts on group work in career development, authors could also consider a secondary focus such as client groups (e.g., women, adolescents, people with migrant and refugee backgrounds) and settings (e.g., schools, universities, public employment services, private practice) where the use of group work could be appropriate.

If you are interested in authoring a manuscript for the special issue, please submit research or conceptual full-length articles that include title, author(s), abstract, introduction, methods, results, discussion and implications into the Manuscript Central Submission Portal for JSGW (insert weblink). Following

submission and endorsement from the special issue editors, manuscripts will undergo a blind peer review process. The first drafts of manuscripts are due to the Special Issue Editors by 30 September 2019. The address for manuscript submission is: <https://mc.manuscriptcentral.com/usgw> For additional information or questions, please contact the Special Issue Editors: Mary McMahon, The University of Queensland, Australia (marymcmahon@uq.edu.au) or Mark Watson, Nelson Mandela University, South Africa (mark.watson@mandela.ac.za).

African Journal of Career Development (AJCD)

2019 Theme: Career Development in Developing Country Contexts: A Conduit to Facilitate Sustainable Decent Work for All

Editor: Jacobus Gideon (Kobus) Maree

The challenge facing us as career-counselling researchers, theorists, and practitioners in the early part of the 21st century is how to join hands, collectively and individually, to promote sustainable decent work for all. We need to maintain our dialogue until the challenge has been met fully and resolved successfully. Accordingly, the main aim of this special issue is to promote and sustain such dialogue.

We welcome proposals for innovative micro-, meso- and macro-interventions that use career development as a vehicle for promoting decent work for all who are willing and able to work. Deadline for submission of manuscripts: 2019-06-30.

Typical questions requiring answers are the following:

- ◇ What are the models for promoting decent work for all in developing countries and how can these models be advanced?
- ◇ How can career development be used to promote decent work for all in developing countries in particular?
- ◇ Which economic systems are most suited to promote decent work for all in developing countries?
- ◇ How can career development be promoted systemically through education at various levels in developing countries?
- ◇ What can the public sector do to promote decent work for all in developing countries?
- ◇ What can the private sector do to promote decent work for all in developing countries?
- ◇ What can individual people and civil society do to promote decent work for all in developing countries to maximise workers' access to decent work?
- ◇ How can individuals manage their careers to maximise their chances of accessing decent work?

We welcome thought-provoking, constructive contributions from across the spectrum of research methodologies – manuscripts that deal with theoretical and practical issues and that report on research from a quantitative, a qualitative, a mixed-methods, or an integrative qualitative/quantitative perspective (Hartung & Santili, 2018; Maree, 2013). *For the purposes of the current guest issue, contributing authors are requested to consider the term ‘career development’ as including associated constructs such as information provision, placement, coaching,*

vocational guidance, career education, psychological counselling, career guidance, career advice, career counselling, as well as life designing and healing (Savickas, 2015).

For more information and how to submit a paper, please visit: [Career Development in Developing Country Contexts: A Conduit to Facilitate Sustainable Decent Work for All](#)

The journal is funded by [AOSIS](#) and the [SACDA](#) and therefore no Article Processing Charges will apply to the publication of your article.

African Journal of Career Development (AJCD) [ajcd.africa](#) / Follow on Twitter: [@AJCDjournal](#) / Receive email press releases and call for papers: [Subscribe](#)

Upcoming meetings

- ◇ **Inaugural South African Career Development (SACDA) Congress, Emperors Palace, 24-25 June, 2019**
<https://www.sacda.org.za/events/Inaugural-Career-Development-Practitioner-Congress-1/>
- ◇ **National Career Development Association Global Conference, Houston, Texas, USA, June 27-29, 2019**
http://www.ncdaconference.org/aww/NCDA/pt/sp/conference_home
- ◇ **European Congress of Psychology, Moscow, Russia, July 2-5 2019**
<https://ecp2019.ru/>
- ◇ **International Conference on Training Career Counsellors for their Work with Refugees, Berlin, August 27, 2019**
<https://www.cminar.eu/public/international-conference>
- ◇ **IAEVG 2019 International Conference: Career Guidance for Inclusive Society, Bratislava, Slovakia, September 11-13, 2019**
<https://iaevgconference2019.sk/>
- ◇ **NICE Academy: Innovative Approaches to Career Guidance and Counselling, Split, Croatia, October 9-12, 2019**
<http://www.nice-network.eu/split2019/>
- ◇ **International Congress of Psychology, Prague, Czech Republic, July 19-24, 2020**
<http://www.icp2020.com/>
- ◇ **Centennial Congress of Applied Psychology, Cancun, Mexico, December 2020**
IAAP will celebrate its 100th anniversary in 2020. Several events are planned to celebrate the Centennial of IAAP throughout the year, all culminating at the “Centennial Congress of Applied Psychology” (CCAP) to be held in Cancun, Mexico, December 14–17, 2020. The Congress will be organized by the Faculty of Psychology of the National Autonomous University of Mexico (Facultad de Psicología de la Universidad Nacional Autónoma de México – UNAM). The Faculty of Psychology at UNAM is one of the largest in Latin America, with a faculty of approximately 200 associate and full professors, and more than 180 lecturers.
- ◇ **30th International Congress of Applied Psychology, Beijing, China, July 2022**



CALL FOR IDEAS: MESSAGE FROM OUR PRESIDENT

The International Association of Applied Psychology Centennial Committee is currently preparing the celebration of IAAP's 100 year anniversary. One important way to celebrate this landmark is to look into what we believe are the main challenges for applied psychology in the future. In order to do so, IAAP has asked each division president to identify 3 ideas/challenges that they believe are central to their field.

To assist me in this process I invite you to nominate up to 3 ideas/challenges that you believe are central in the field of Counseling Psychology. Please provide a short explanation of each idea/challenge (max 500 characters) that you nominate. The top 3 ideas received will then be shared on the IAAP website and other communications. The Committee requests nominations by June 15. Therefore, please send me your nominations, by June 8 at phartung@neomed.edu



Division 16 Description Updated

All divisions within IAAP updated their descriptions for the IAAP Division Handbook. These descriptions also appear on the division web pages. The following updated Division 16 description was written by the Division 16 Executive Board:

Counseling psychology aims to help individuals, couples, families, groups, and organizations with their educational, developmental, career, adjustment, and emotional and health-related concerns. In so doing, it employs a wide range of assessment, counseling, and other intervention strategies. Generally, clients experience moderate adjustment and psychological challenges as opposed to severe psychopathology, interventions are short-term, service is out-patient rather than in-patient, and emphasis is placed on preventive, culturally inclusive, and strengths-based approaches.

Join the Division 16 at the IAAP

It pays to be a member of IAAP!

Membership is excellent value for money and you receive many direct benefits including:

- A free print subscription to either *Applied Psychology: An International Review* and *Applied Psychology: Health and Well-Being*;
- The IAAP Bulletin and Division Newsletters, plus e-newsletter;
- Additional journals from Wiley are offered to IAAP members at special subscription fees
- The ability to participate in IAAP international conferences and co-sponsored regional meetings at

reduced fees;

- IAAP offers 200 free institutional memberships to libraries and departments of psychology from low income countries. A formal request must be sent by the director of the department or the university library to the Secretary General of IAAP, that is, via email
- The IAAP actively welcomes student members. In order to offer the cheapest membership dues possible to students, the student membership package includes online access to both journals but no print copies of the journals or the Bulletin.

To become a member simply visit the website and follow the instructions!

<http://www.iaapsy.org/>



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