

## IAAP DIVISION OF PROFESSIONAL PRACTICE (Division 17) NEWSLETTER 1, June 2018

Dear Members,

As many of us travel to Montréal for ICAP next week, we are issuing our first Newsletter to ensure those of you who are coming don't miss our Division 17 (IAAP Division of Professional Practice) highlights. These are outlined below to ensure you know what and when things are happening. Of particular note is our **Division 17 AGM on Tuesday, June 26<sup>th</sup> at 5:00pm**. We are planning to canvas the future emphases of the Division and what you, as members, want from this forum. We also plan to circulate a post-ICAP survey to all members to ensure that key issues in the practice of our profession become the focus of our future activities. We do hope to see you all there and look forward to catching up, both at our meeting and at the social events throughout the week.

All best and safe traveling,



**James H. Bray, Ph.D. Current President: Division of Professional Practice (Div. 17)**  
University of Texas San Antonio, USA  
Email: [james.bray@utsa.edu](mailto:james.bray@utsa.edu)



**Robyn Vines, Ph.D. President-Elect (incoming): Division of Professional Practice (Div. 17)**  
School of Medicine, Western Sydney University, Australia  
Email: [r.vines@westernsydney.edu.au](mailto:r.vines@westernsydney.edu.au)

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### DIVISION 17 AT THE INTERNATIONAL CONGRESS OF APPLIED PSYCHOLOGY IN MONTREAL

#### Tuesday June 26<sup>th</sup>:

- **9:45am: Presidential Keynote Address: Division President, Professor James Bray:** 55-minute keynote address on “**Integrated and Primary Care Psychology**” Division President, Professor James Bray (2009 APA President) will focus on describing and providing an update on this exciting new area for the profession of psychology in the USA and elsewhere. The focus will be on the present status of psychologists working in integrated primary health care and the relationship

with current health care reforms; practice opportunities in primary care; use of technology and electronic health records; the most frequent problems seen in this setting – and future challenges ahead in developing this crucial niche for our profession within the health sector.

- **11:45am: Keynote Address: Professor Lyn Littlefield** (CEO: Australian Psychological Society): **“Capacity Building in Psychology”** *This lecture will focus on the challenges in building the capacity of professional psychology to provide essential psychological services in a variety of sectors in each of our nations (e.g. mental health, education and physical health). Lyn will highlight key factors to consider in strategically placing our profession as an indispensable part of these service sectors.*
- **Discussion Forums:**
  - **10:45am: Providing Services for Marginalised Populations:** Dr Laura Copeland, McGill University
  - **12:45pm: Psychologists: The Profession of Leaders:** Dr. Andrea Potrowsi, University of Manitoba
  - **1:45pm: How to Improve Access to Evidence-Based Clinical Guidelines: A Call for Collaboration:** Professor Annett Korner, McGill University
  - **5:00pm: AGM: Division of Professional Practice** – please ALL come and, if possible, send any agenda items in advance.

### **Wednesday 27<sup>th</sup> June:**

- **Symposia:**
  - **11:15am-3:00pm: “The Role of Psychology in Integrated Mental Health Care: An International Perspective”:** (half-day symposium (before & after lunch: 8 papers) *Convened/chaired by our incoming President, Dr. Robyn Vines (Australia). This continues and expands a now well-established tradition of the Professional Practice Division to canvas and advocate for the importance of psychology in integrated primary health care. This service delivery model has been discussed and promoted at key international conferences of psychology since 2010 - most recently at the European Congress of Psychology (ECP) in Amsterdam (July, 2017) - also at ICAP, Melbourne (2010); ICP, Cape Town (2012); ECP, Stockholm (2013); ICAP, Paris (2014); ECP, Milan (2015); ICP, Yokohama (2016); the Australian Psychological Society Congress, Melbourne (2016) and, as mentioned, Amsterdam (2017). The expanded program at ICAP in Montreal will include presentations from our outgoing President: Professor James Bray (USA), incoming President: Dr. Robyn Vines (Australia), President-Elect: Professor Susan McDaniel (USA); Division Secretary: Dr. Diana Prescott (USA), Professors Jean Grenier and Marie-Helene Chomienne (Canada), Dr. Tor Levin Hofgaard: President of the Norwegian Psychological Association – and others from across the world.*
  - **3:00-5:00pm: “Defining Therapist Safe and Effective Use of Self: Implications for Research Practice and Training”** (two-hour symposium: 5 papers) *This symposium will highlight the “safe and effective use of self” as a core competency in psychological practice, and the need to regulate and monitor professional practice in the interests of public safety. Professional governance and practice issues will be canvassed, with a particular focus on Ontario and Canada more broadly.*



**Most recent international Division 17 symposium:  
 “Psychology in Integrated Care” Amsterdam (July, 2017)**

*from left to right: Diana Prescott (USA), Peter Kinderman (UK), Tor Levin-Hofgaard (Norway), James Bray (USA), Robyn Vines (Australia), Jean Grenier and Marie-Helene Chomienne (Canada)*

**Thursday 28<sup>th</sup> June:**

- **Discussion Forums:**
  - **1:15pm: “Internationalization and Training of Psychologists: A Global Perspective”:** Dr. Maria Regina Maluf (1.15pm,)
  - **3:00pm: “Competence: The Master Key”:** Professor Sverre Nelson *Providing an update of the international work on competencies in psychology, commenced at ECP in Stockholm in 2013.*

**Division Governance:**

- The Division 17 **Executive Committee** will meet formally at ICAP, following the IAAP Board Meeting on June 24<sup>th</sup>& 25<sup>th</sup>, 2018. Please forward any items or recommendations you would like us to consider to the email addresses below.
- The **Division AGM will be held at 5:00pm on Tuesday 26<sup>th</sup> June**– all Division members (and non-members) are welcome. We are planning to expand our Executive Committee to increase our capacity to fulfill “the Vision of the Division”. All EOIs (expressions of interest) are welcome; please send in advance to the email addresses below.

More division events will be highlighted in the final ICAP Programme. We look forward to seeing as many of you as possible at these events at the Congress in Montreal. It promises to be a great gathering of those committed to the future of Psychology as a profession.

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## DIVISION OF PROFESSIONAL PRACTICE

### Mission

To address issues regarding the practice of psychology within international psychology.

### Goals and Objectives

1. Transform professional practice in the health arena from a mental health specialty to a full health care profession. This includes understanding health-related behaviours and expanding the focus of psychological practice and interventions to address both general and mental health conditions.
2. Facilitate integration of psychological services and science into team-based health care systems and particularly into primary care, where we can facilitate prevention and early psychological intervention for chronic medical and mental health conditions.
3. Impact on our training programmes and frameworks to ensure a focus on integrated, team-based care, including co-location in primary and specialty health care with other professions. Research evidence suggests that professions who train together are significantly more likely to work together.

The Division of Professional Practice has been active in pursuing its mission, goals and objectives during the past year. Providing services for mental and behavioral health issues is in the news and seen as a high priority throughout the world. Our division is in a prime position to help the IAAP develop policies and service models relevant to our member nations' populations. Research evidence indicates that integrated, multi-disciplinary primary health care facilitates early intervention, provides a better quality of care to patients and is more cost effective. Recent research also indicates that reducing "silos" of practice across the different professions, results in better patient care and community outcomes (Bray, 2010). Our models of care must respond accordingly, focusing on early intervention and prevention, meeting patients where they most frequently access and receive services, and ensure the provision of evidence-based treatments for them. This is why working in integrated and primary care settings is a high priority and focus for our Division.

### Division 17 Executive Committee:

- **Professor Bray's** (USA) term as President of our Division will conclude at ICAP in Montreal (June, 2018). **Dr. Robyn Vines** (Australia) will succeed him as Division President (2018-2022), having held the post of President-Elect since ICAP in Paris (2014).
- **Dr. Susan McDaniel** (USA) has agreed to serve on the Division 17 Executive Committee and has been nominated to the post of President-Elect (2018-2022), to commence at ICAP in Montreal (June, 2018). Dr. McDaniel is recent past-president of the American Psychological Association (2016) and an international leader in the development of integrated primary care. Dr. McDaniel is a professor of family medicine and psychiatry at the University of Rochester.
- **Dr. Diana Prescott** (USA) has agreed to serve as secretary for Division 17 (2017-2022). Dr. Prescott brings a wealth of experience in professional practice and organizational psychology. Diana has just completed a term as Member at Large for the Board of the American Psychological Association and is in independent practice in psychology in Maine, USA. She has recently attended the APA Committee for the Advancement of Professional Practice (CAPP – February, 2018) which aims to expand the advocacy and other resources of importance to practitioners in the USA. These developments will be followed closely by Division 17 with a view to highlighting initiatives that may be of assistance to the practice of psychology internationally.



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## DIVISION OF PROFESSIONAL PRACTICE NEWS:

- Division President, Professor James Bray attended the first **Southeast Asia Regional Conference of Psychology held in Hanoi, Vietnam** (November 29-December 1, 2017). The conference was co-sponsored by the IAAP, Australian Psychological Society and others, with over 35 countries from around the world represented at the conference. Dr. Janel Gauthier, IAAP President, opened the conference on *Human Well-being and Sustainable Development*. James provided a keynote address on *Advances in Family Psychology and Therapy* and Dr. Judy Kuriansky discussed applications of psychology in her work at the United Nations on behalf of the IAAP. Professional psychology is growing rapidly in Southeast Asia and there are large unmet needs for professional practice, mental health services and training in the region. Our Division plans to assist in providing support to psychology professionals in the region.



- Prior to the SAR Conference our President was also invited to present a training program on screening, brief intervention and referral to treatment (SBIRT) for substance use problems at the Chiang Mai University Medical School in Thailand. Psychologists, physicians, medical residents and medical students attended the training to learn the latest assessment and referral skills. Substance abuse is a growing problem in this region and psychologists and medical professionals were eager to learn new skills for screening and appropriate interventions.

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## KEY TOPICS OF INTEREST:

### Disaster Preparedness: Time for an International Approach?

Whatever the cause, we all know that climate-related disasters are on the increase both in terms of frequency and severity. After landfall, Hurricane Harvey adversely affected approximately 30% of the USA city of Houston (where a number of our colleagues, including our Division President: James Bray, reside), with an estimated 80% of properties designated un-insured and a projected damage bill of \$180 billion.



Hurricane Irma, which recently decimated a number of Caribbean Islands and some of Florida, was recorded as the most powerful storm on record, “beyond a Category 5”, affecting ~37 million people. This was rapidly superseded by Hurricane Maria, causing extreme devastation in Puerto Rico. At the same time, devastating floods have hit Bangladesh and India (killing an estimated 2,000 people) and numerous other adverse weather events have occurred. In addition, the disastrous earthquakes in Mexico have brought scenes of indescribable horror to our TV and computer screens (for those of us fortunate enough not to be adversely affected), whilst also portraying acts of heroism, courage and humanity in many responses made.

The weather experts indicate that the climate-related events referred to above are attributable to a rise in sea temperatures, suggesting that the phenomenon is likely to be global. It is therefore probable that cyclone seasons in the southern hemisphere will also be increasingly severe, as they have been during the last decade in Australia with both Cyclone Yasi in 2011 and severe tropical Cyclone Debbie in 2017. There have also been consequential disastrous flood events, for example in Queensland (2010-2011) with 35 confirmed dead and an estimated \$2.38 billion in damage and in the Northern Rivers of NSW in April, 2017 which, whilst part of a long history of flooding in the region, was this time designated “different”.



The Australia Bureau of Meteorology has warned that the nation must prepare for a bad fire season during the southern summer ahead, given that records indicated the driest winter on record - with large parts of the south eastern and western coastal regions now designated as at "severe fire risk". Given the recent memories of Australian Black Saturday in 2009, it is crucial that preparations are made for this possibility. Similar fire events have also been seen recently in numerous places in the recent northern hemisphere summer including in California, Canada, Portugal and southern Europe, to name a few.

In Australia, as elsewhere, it has always been a characteristic of rural life that the unpredictability of "drought, fire and flood" is an inherent challenge to those who live there. 30% of the Australian population live in regional, rural and remote areas with an estimated spread across 85-90% of our massive land expanse. The vast majority of the population live in the coast-hugging areas of the east and south east of the country and particularly in the large cities of Brisbane, Sydney and Melbourne. The probability therefore of these events adversely and unfairly impacting on our minority rural population is high, and is complicated and doubled by the fact that many rural people depend upon the environment for their homes and livelihood. This is true in many regions of the world, where responses to unique environmental pressures of those who live rurally need to be found.

The resilience of rural populations in facing these events has always been admired and remarked upon – indeed it is seen as characteristic of rural populations, both in Australia and elsewhere. With the increasing severity and frequency of these events, however, it is clear both for rural and metropolitan populations around the world, that we must be "disaster ready" to assist in facing these unpredictable events. We all, as psychologists must be prepared to help, both during the crises caused by these adverse events and in the aftermath.

#### **How ready are we as psychologists to respond to these emergencies?**

The Division of Professional Practice is planning to compile the most up-to-date and evidence-based resources to enable us as mental health professionals to be "across" best practice strategies, in advance of such potential events. Each and every one of us needs to think clearly about what part we might play as professionals in each of our countries to contributing to and being part of a local, state or national multi-disciplinary disaster intervention effort, guided by clear evidence-based protocols. The resources below provide a starting point. Please provide us with any further resources you can to ensure we are all prepared to respond as well as possible.

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**Please provide all feedback and ideas for the future of our Division to both of us at the email addresses below:**

**James H. Bray, Ph.D. Current Division 17 President**

Email: [james.bray@utsa.edu](mailto:james.bray@utsa.edu)

**Robyn Vines, Ph.D. Division 17 President-Elect (incoming)**

Email: [r.vines@westernsydney.edu.au](mailto:r.vines@westernsydney.edu.au)