

ENEWS

IAAP DIVISION 12

SPORT PSYCHOLOGY

2023 – Issue 2

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IAAP Division 12

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More information about Division 12 and contact details can be found on the IAAP Division 12 webpages.

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EDITORIAL

Welcome to the 2nd issue of the Sport Psychology Division of the International Association of Applied Psychology (IAAP). Please keep on sending your news, announcements, or information about Exercise and Sport Psychology related activities in your area. Many thanks to all contributors!

UPCOMING CONFERENCES AND EVENTS

- November 2023, Tampere (Finland): Finnish Association of Sport Psychology (SUPY). http://supy.org/wordpress_9/en/
- November 16-17, 2023, Longford (Coventry, United Kingdom): [British Association of Sport and Exercise Sciences \(BASES2023\) Conference](#). The BASES conference promises to be an exceptional event. Prof. Lane, Andrew M., PhD. is presenting data from the BBC Lab UK study, which has over 70,000 participants and the presentation will cover mood profiles. His colleague Tracey Devonport will discuss dietary restraint and emotional eating among high-level combat sport athletes. It will be a mouthwatering conference!
- February 2-3, 2024, Barcelona (Spain): [1st Iberian+ Meeting of Sports Psychology](#).
- June 13 - 15, 2024: XVIII Spanish National Congress of Sport and Exercise Psychology. Organizers: the [Spanish Federation of Sport Psychology](#) (FEPD) and the [Catalan Association of Sport Psychology](#) (ACPE). More information will follow soon.



- July 15 - 19, 2024, Innsbruck (Austria): [17th European Congress of Sport and Exercise Psychology \(FEPSAC\)](#). The congress theme will be "Performance under Pressure" in sports (broadly understood to include elite, youth, school, e-sports, military, police, performing arts, medicine, and business). The program consists of pre-conference continuing education workshops, invited keynote talks, symposia, workshops, panels, lectures, and poster sessions. Abstracts addressing the scientist-practitioner perspective are strongly encouraged. The deadline for abstract submissions is January 15th, 2024. Please see the conference website for more details and sign up for the congress newsletter to receive the newest information on keynote speakers, workshops, awards and more. FEPSAC and the Congress 2024 Team hope to see you in person in Innsbruck 2024!
- July 30 - August 1, 2024, Bath (United Kingdom): [9th International Conference for Qualitative Research in Sport and Exercise \(QRSE\)](#).

JOB POSITIONS

- [Lecturer in Sport and Psychology](#) (On Site), University of Gloucestershire (UK). Deadline for application is October 23, 2023. Contact: Dr Katerina Kantartzis (Deputy Head of School kkantartzis@glos.ac.uk).

INTERNSHIP POSITIONS

- [Permanent Internship Positions](#), European Federation of Sport Psychology (FEPSAC).

FUNDING AND GRANTS

- PhD Student Guides for Funding: www.findaphd.com

PROFESSIONAL ACTIVITIES AND ACHIEVEMENTS

The **International Society of Sport Psychology (ISSP)** is a multidisciplinary society devoted to promoting research, practice, and development in sport psychology throughout the world. Recently, the society introduced the ISSP Hall of Fame as a recognition to globally outstanding scholars, practitioners, and organizational leaders in the field of sport and exercise psychology. Some of the important names are: Prof. Dr. Daniel (Dan) Gould, USA; Prof. Dr. Diane L. Gill, USA; Prof. Dr. Dieter Hackfort, Germany; Prof. Dr. Gershon Tenenbaum, Israel; Prof. Dr. Gloria Balagué, Spain; Glyn C. Roberts, Ph.D., Professor Emeritus of Psychology, Norway; Prof. Dr. Joan L. Duda, UK; Prof. Dr. Jürgen R. Nitsch, Germany; Prof. Dr. Leonard (Len) Zaichkowsky, Canada; Prof. Dr. Sidonio Serpa, Portugal. For more information please consult the website: <https://issponline.org/fellow-awards/halloffame/>

In October the members of the FEPSAC Managing Council met in Bucharest for a three-day meeting hosted by the [Romanian Olympic Committee \(COSR\)](#). They discussed the future challenges facing both the society and the field of sport psychology! Linked to this meeting, the members of the MC participated in a roundtable as part of the campaign to promote athletes' mental health of the COSR. You can check the news [here](#).

The **International Association of Psychologists in Climbing (www.iapsyc.com)** recently released a free short Info Sheet for Coaches, '[Eating Disorders in Climbers: What Coaches Need to Know](#)'. IAPSYC also established the Board of Directors for 2024.



Association of Esport Psychology (AEP) is creating a science-based platform for gamers and esport players. All members have degrees in sport psychology ranging from a bachelor's degree to a 1-year master's degree from Halmstad University where prof. Xavier Sanchez is one of the tutors. During the 8-10th of September AEP got the opportunity to attend the European Finals of the esport League of Legends (LEC) and to speak about sport psychology.

Notes from Romania:

The **Sport & Exercise Psychology (SEP) Group**, [RIDDLE Lab](#), Department of Psychology, Babes-Bolyai University, Cluj-Napoca, Romania is proud to announce that a new member, **Zsófia Némethi**, will start her PhD journey under the supervision of **Andrei Ion**, PhD, Assessment and Individual Differences – AID Lab, Department of Psychology and Cognitive Science, University of Bucharest, Romania. Zsófia's thesis will focus on 'Dealing with Feelings and Uncertainty in Sports: A Dynamic Approach to Investigate the Relationship between Intolerance of Uncertainty, Emotion Regulation, and Sport-relevant Outcomes: Burnout and Performance'. We congratulate the team and wish them the best of luck.

Notes from Denmark:

From October 1, 2023, assistant professor Dr. **Stefano de Dominicis** will be working as associate professor of sport and health psychology at the Department of Nutrition, Exercise and Sport at the University of Copenhagen, Denmark. Read more about him [here!](#)

Dr. [Reinhard Stelter](#), professor of Sport and Coaching Psychology and accredited coaching psychologist, is working on a book project (in Danish) on the Future of Coaching.

BOOK ANNOUNCEMENT

Rebecca Williams. (2022). [*Climb Smarter: Mental Skills and Techniques for Climbing*](#). Sequoia Books. Aimed at recreational rock-climbers but with plenty of advice for coaches too, *Climb Smarter* translates evidence-based approaches into practical exercises for improving climbers' headgames. Written by a consultant clinical psychologist, the book looks at common performance issues in climbers through the lenses of Acceptance and Commitment Therapy (ACT) and Cognitive Behavioral Therapy (CBT), in an easily digestible format. With case studies to illustrate the key themes of each chapter, questions to reflect on, and drills to work through, the book covers goal setting and habit change, anxiety in all its different forms, as well as the typical mental skills toolkit but adapted specifically for climbers.

"Mental Health and Sports Psychology: practical foundations" is edited and published jointly by the Spanish Federation of Sports Psychology Societies (FEPD) and the Latin American Society of Psychology of Physical Activity and Sports (SOLCPAD). More information psicologiadeporte.eu.

NEW TEAM MEMBER

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ANY NEWS TO SHARE?

Please contact us if you have additional information, items to share, questions to ask, or ideas to put forward in relation to Division 12 activities. The Executive Committee aims to contribute to eNews 5-times a year (February, April, June, October, December). Your news can be included if you send it by the 1st Monday of the month. Calls for items will be sent out on the 3rd Monday of the preceding month (January, March, May, September, November). We welcome contact from all our members and those interested in joining.

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