

**International Association of Applied Psychology (IAAP)**  
**Division 12 – Sport Psychology**  
**Newsletter/Bulletin**  
**September 15, 2008**

During this Olympic summer, there have been several interesting conferences and professional meetings that featured Sport Psychology. The 2008 Annual Conference on Counseling Athletes (June 14) offered workshops and presentations gathering sport psychologists, coaches, physical educators and other sport professionals. The 29<sup>th</sup> Stress and Anxiety Research Society (STAR) conference was held in London (July 16-18). Several papers focused on the psychological preparation of elite athletes participating in Beijing.

The 13th Annual Congress of the European College of Sport Science (ECSS), held in Estoril, Portugal (July 9-12), included invited symposia on “Motivational processes and their implications for the exercise well-being relationships” chaired by Division 12 fellow Joan Duda. Other interesting symposia were “Challenges on children sport” and “Talent development and sports career”.

Perhaps the event that gathered more participants this summer was the XXIX International Congress of Psychology (ICP 2008) hosted by the German Federation of Psychological Associations in Berlin (July, 20-25). The Meeting of the Board of Directors of IAAP was celebrated following the congress. The IAAP BOD approved a name change for the Newsletter, from now on known as IAAP Bulletin. As Robert J. Vallerand, who participated in the meeting on behalf of Division 12 President Yuri Hanin, reports the level of participation was high. Very much appreciated is a report submitted by Dr. Vallerand including the issues covered at the meeting. The report is available at:

[www.iaapsy.org/division12/index.php?page=publications](http://www.iaapsy.org/division12/index.php?page=publications).

During the fall, the British Association of Sport and Exercise Science (BASES, [www.bases.org.uk](http://www.bases.org.uk)) organizes their Annual Conference, this time at Brunel University, and several workshops in Sports and Exercise Sciences. The workshops address issues related to applied sport psychology (i.e. certification, ethical issues), performance analysis, change management and e-learning in sport and exercise psychology. Several workshops are also organized by the European Network of Young Specialist in Sport Psychology (ENYSSP) in Barcelona, Spain (November 13-14).

Those assisting to the Association for Applied Sport Psychology (AASP) Annual Conference (September 24–28) might find interesting the Coleman Griffiths Lecture “The Forgotten Values of Elegance, Parsimony, and Conceptual Coherence in Sport Psychology Research” by Glynn Roberts (Norway), founder President of Division 12. Keynotes include “Focusing for Excellence” by Terry Orlick (CAN), “Promoting Physical Activity for Public Health: The Challenges for Psychology” by Nanette Mutrie (UK) and “The Influence of Shifting Time Horizons on Human Aging” by Laura Carstensen (UK).

### **Names in the News**

The University of Jyväskylä has been included in the 2008 Erasmus Success Stories brochure in recognition of its active and successful role in organizing mobility actions for teachers and students. The Intensive Course in Sport and Exercise Psychology, particularly emphasized as an excellent example, is the result of a longstanding cooperation of 12 European universities. The Intensive Course has been continuously organized since 1996, and

now counts with the alumni organization European Network for Young Specialists in Sport Psychology (ENYSSP). The brochure is available at:

[http://ec.europa.eu/dgs/education\\_culture/publ/pdf/erasmus/mobility\\_en.pdf](http://ec.europa.eu/dgs/education_culture/publ/pdf/erasmus/mobility_en.pdf).

Reinhard Stelter (Denmark), former member of the Managing Council of FEPSAC has been appointed honorary vice president of the Society of Coaching Psychology and also received the Copenhagen - Denmark medal from The Danish Society of Sport Psychology for his longstanding efforts to develop sport and coaching psychology in Denmark.

### **Meetings, Conferences, and Congresses**

**October** 2-5, 2008, Minas Gerais, Brazil. IX South American and XIII Brazilian Congress of Sport Psychology entitled "Talent and sports excellence". Keynotes include "Expertise in sport" (Gershon Tenenbaum, USA), "Sport and youth: risks and benefits" (Benno Becker Jr, Brazil), "Recovery and overtraining" (Michael Kellmann, Australia) and "Psychological intervention in top-level athletes" (Joaquin Dosil, Spain).

**November** 1-3, 2008, Canmore, Alberta, Canada. The 40th annual meeting of the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) to be hosted by the Faculty of Kinesiology at the University of Calgary and the Faculty of Physical Education and Recreation at the University of Alberta. Keynote speakers are Rod Dishman, University of Georgia and Jay Pratt, University of Toronto. This time the Carron and Wilberg Lectures will be delivered by Bert Carron (University of Western Ontario) and Bob Wilberg (University of Alberta) themselves. Visit [www.scapps.org](http://www.scapps.org).

November 5-8, 2008, Madeira Island, Portugal. II International Congress of Complex Systems in Sport (ICSS) and X European Workshop of Ecological Psychology (EWEP) organized by the Faculty of Human Kinetics of the Technical University of Lisbon. Invited speakers include: Jerome Busemeyer (USA), Keith Davids (Australia), Yeou-Teh Liu (Taiwan), and Michael Turvey (USA). Email: [daraujo@fmh.utl.pt](mailto:daraujo@fmh.utl.pt)

November 6-8, 2008, Torrelavega, Cantabria, Spain. II Congress entitled "Consolidando la psicología del deporte iberoamericana" organized by the Iberoamerican Sport Psychology Society (SIPD). Invited speakers include: Francisco Garcia Ucha (Cuba), Jaime Cruz (Spain) and Jose Maria Buceta (Spain)

**December** 11-12, 2008, London, UK. Inaugural Conference of the Division of Sport and Exercise Psychology of the British Psychological Society (BPS). Keynote speakers include: Dave Collins, (UK) "Strange bedfellows; Why sport and exercise Psychology" and Bonnie Berger (USA) "Multiple roles of exercise in quality of life" and Symposia by Martin Hagger (UK) "Self-determination theory" and David Lavallee (UK) "Writing Therapies". Email: [dsepconference@bps.org.uk](mailto:dsepconference@bps.org.uk)

### **Publications**

The book "Sport and Exercise Psychology: Topics in Applied Psychology" edited by Professor Andy Lane and published by Hodder Education, is included within a series that cover six applied psychology topics.

A revised version of the Cochrane Review entitled 'Exercise interventions for smoking cessation' has been published, authored by Michael Ussher, Adrian Taylor, and Guy Faulkner. The new version includes a review of 13 chronic and 20 acute studies on the role of exercise as an aid for treating nicotine addiction.

The first issue of the new journal Mental Health and Physical Activity (MENPA) was published in July by Elsevier. Manuscripts are now welcomed through the on-line submission system at: <http://ees.elsevier.com/menpa/>. The second issue is expected in December.

“Nordic Sport Studies Forum” (NSSF) edited by Kjell E. Eriksson and published by Malmö University, Sweden. Journal’s website: [www.sportstudies.org](http://www.sportstudies.org)

*Publications in French:*

Delignières, D. (2008), *La psychologie du sport*, Paris: PUF.

Levêque, M. (2008), *Psychologie de l’athlète : Radiographie d’une carrière de sportif de haut niveau*, Paris: Vuibert.

Ripoll, H. (2008), *Le mental des champions. Comprendre la réussite sportive*, Paris: Payot.

*Montse Ruiz, Newsletter Editor, Division 12*